SMART

Goals

When setting goals, make sure it follows the SMART structure. Use the questions below to create your goals.

S	**Specific** What do I want to accomplish?	
M	**Measurable** How will I know when it is accomplished?	
A	**Achievable** How can the goal be accomplished?	
R	**Relevant** Does this seem worthwhile?	
T	**Time bound** When can I accomplish this goal?	